



Visitation Academy Sports Camps
 3020 N. Ballas Road
 St. Louis, MO 63131

Visitation Academy 2010 SUMMER SPORTS CAMPS

For Girls

FEE: \$85 per camp
(Includes Camp T-Shirt)



**Basketball, Soccer,
 Volleyball and Cheerleading**

**Location: Visitation Academy
 3020 North Ballas Road
 Saint Louis, MO 63131
 (Ballas Road and Highway 40/64)
 (Just east of Missouri Baptist
 Hospital)**

**(314) 625-9147 or
 (314) 625-9146**

2010 Visitation Academy Sports Camp Registration

Student Name: _____

Address: _____

City, State, Zip: _____

Grade 2010—2011 _____

School Attending _____

Parents' Names: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

E-Mail: _____

Emergency Contact:

Name: _____

Phone: _____

SPORTS CAMPS

1. Title: _____

2. Title: _____

3. Title: _____

4. Title: _____

T-SHIRTS (No extra charge)

__ Youth S __ Youth M __ Youth L

__ Adult S __ Adult M __ Adult L __ Adult XL

Fee enclosed: \$ _____ (\$85 per camp)

Check # _____

Date _____

Mailing Address:

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 St. Louis, MO 63131**

**VISITATION SPORTS CAMP
MEDICAL & EMERGENCY
RELEASE**

I hereby authorize the directors of the Visitation Academy Sports Camps at Visitation to act for me according to their best judgment in an emergency requiring medical attention. I know of no mental or physical problems which might affect my child's ability to safely participate in any of these camps. I will be responsible for any medical or any other charge(s) in connection with her attendance at camp. If there is an emergency, accident or sudden illness and I cannot be located, Visitation Academy has my permission to send my daughter to the emergency room of St. John's Hospital.

Parent's or Guardian's Signature

Date

Camper's Name _____

Is covered by:

Insurance Company

Policy Number

BASKETBALL CAMP

AGE: Entering 3rd—8th Grade

DATE: June 14—18, 2010

TIME: 9 a.m.—12 Noon

LOCATION: Visitation's Buder Gym (Air Condition)

INSTRUCTOR: Viz Varsity Coach, Paul Stoecklin, and Assistants, Leslie Ricker, Jeff Menke and varsity players

Hoop it up at VIZ! The fun begins as coaches introduce the fundamentals of shooting, passing, ball handling, free throws, lay ups, offensive/defensive strategies and rebounding. Creative drills and games will keep the players active and encourage teamwork.



**CHEERLEADING
CAMP**

AGE: Entering 3—12th Grade

DATE: July 12-16, 2010

TIME: 6:00—8:00 p.m.

LOCATION: Viz's Marion Gym (Air Condition)

INSTRUCTOR: Viz Varsity Coach, Kim Daus and Viz Cheerleaders

Join in the excitement as Coach Kim and the Viz cheerleaders introduce new cheers, chants, dances, stunts and jumps. Emphasis will be on safety, teamwork and fun! No tumbling or gymnastic experience necessary.



REFUND POLICY: Refunds will only be issued for cancellation notices received no later than 2 weeks prior to camp. Please call 314-625-9147 or 314-625-9146 to cancel and receive a refund.

**VOLLEYBALL
"SPIKERS"**

AGE: Entering 3rd—8th Grade

DATE: July 6—9, 2010

TIME: 9:00-11:30 a.m.



VOLLEYBALL "ACES"

AGE: Entering 9th—12th Grade

DATE: July 6-9, 2010

TIME: 1:00—3:30 p.m.

LOCATION: Viz's Marion Gym (Air Condition)

INSTRUCTOR: Viz Varsity Coach, Karen Fletcher, Assistant Coach, Jennifer Anderson and varsity players

The overall camp objective is to provide a quality summer volleyball camp for young girls in the St. Louis Metropolitan area. Emphasis is on teaching basic volleyball skills, including passing, setting, serving and positioning. Fun and high-energy drills, as well as friendly, competitive games will be featured!

SOCCER "LITTLE KICKERS"

AGE: Entering K—5th Grade

DATE: June 21—25, 2010

TIME: 9:00—11:00 a.m.



**SOCCER "ELITE"
CAMP**

AGE: Entering 6th—12th Grade

DATE: June 21—25, 2010

TIME: 1:00—3:00 p.m.

LOCATION: Viz Soccer Field

INSTRUCTOR: Viz Varsity Coach, Dick Westbrook and staff

Viz soccer camps are specialized to develop soccer skills unique to each age group. The girls will learn dribbling, passing and shooting skills. The coaches will incorporate small-sided games and soccer conditioning with the ball to reinforce the development of these skills.