

## **PARENT NETWORK SUGGESTED READING LIST FOR PARENTS**

### **Parenting**

*The 7 Habits of highly Successful Teens*, (2005) Sean Covey  
*You're A Better Parent than you Think*, (1985) Dr. Ray Guarendi  
*Good Discipline, Great Teens*, (2007) Dr. Ray Guarendi  
*Discipline That Lasts a Lifetime*, (2003) Dr. Ray Guarendi  
*Keeping Your Kids Grounded When You're Flying by the Seat of Your Pants*, (1999) Tim Jordan, MD and Sally Tippett Rains  
*Building Better Families*, (2008) Matthew Kelly  
*The Price of Privilege*, (2006) Madeline Levine

### **Raising Girls**

*Strong Fathers, Strong Daughters*, (2006), Meg Meeker, MD  
*Reviving Ophelia: Saving the Selves of Adolescent Girls*, (1994) Mary Pipher  
*Queen Bees and Wannabees: Helping Your Daughter Survive Cliques, Gossip, Boyfriends and the New Realities of Girl World* (2009) Rosalind Wiseman

### **Raising Boys**

*Bringing Up Boys Practical Advice and Encouragement for Those Shaping the Next Generation of Men*, (2001) Dr. James C. Dobson  
*Boys to Men: The Transforming Power of Virtue*, (2001) Curtis Martin

### **Chastity, Abstinence and Sex**

*If you Really Loved Me*, (2003) Jason Evert  
*Love and Life*, Colleen Kelly Mast – Parent and Student editions  
*Epidemic: How Teen Sex is Killing Our Kids*, (2002) Meg Meeker, MD  
*Sex Has a Price Tag*, (2003) Pam Stenzel  
*A Case for Chastity*, (2003) Peter Vlahutin and Heather Gallagher Vento  
*Good News About Sex and Marriage*, (2004) Christopher West

### **Spiritual/Inspirational**

*The New Faithful*, (2002) Colleen Carroll Campbell  
*The Art of Affirmation*, (2006) Robert Furey  
*Called by Name*, (1996) Robert Furey  
*Rediscovering Catholicism*, (2010) Matthew Kelly  
*Letters to a Young Catholic*, (2004) George Weigel

### **College Concerns**

*Letting Go: A Parents' Guide to Understanding the College Years*, (2003) Karen Coburn and Madge Lawrence Treeger  
*College Admissions Together: It Takes a Family*, (2007) D. R. Goodman  
*Professors Guide to Getting Good Grades in College*, (2006) Lynn Jacobs and Jeremy Hyman  
*Winning the Heart of the Admissions Dean*, (2005) Joyce Mitchell  
*Colleges That Change Lives*, (2006) Loren Pope