

# School Lunch Menu

## Middle & Upper School

### Monday

Salad Bar: Viz Café Chicken Salad / Israeli Couscous and Cranberry Salad  
Deli: Turkey & Provolone on French Baguette  
Slide: Crispy Chicken Sandwiches, Hot Ham & Swiss  
Hot Entrée: Fried Chicken  
Starch: French Fries  
Veg: Buttered Corn  
Dessert: Chocolate Chip Cookies  
Soup: Pork and Wild Rice / Garden Vegetable

### Tuesday

Salad Bar: Viz Café Chicken Salad / Israeli Couscous and Cranberry Salad  
Deli: Turkey & Provolone on French Baguette  
Slide: Grilled Chicken Sandwiches, Toasted Ravioli  
Hot Entrée: Chicken Supreme  
Starch: Herb Roasted Red Potatoes  
Veg: Green Beans  
Dessert: SunButter Cookies  
Soup: Pork and Wild Rice / Garden Vegetable

### Wednesday

Salad Bar: Pasta Salad / Grilled Summer Veg. Couscous Salad  
Deli: Chicken Caesar Wrap  
Slide: Grilled Chicken Sandwiches, French Toast Sticks  
Hot Entrée: Cajun Chicken Pasta  
Starch: Bosco Stick  
Veg: Veg. Medley  
Dessert: Ice Cream Cones  
Soup: Chicken & Rice / Broccoli Cheddar Soup

### Thursday

Salad Bar: Pasta Salad / Grilled Summer Veg. Couscous Salad  
Deli: Turkey BLT Wrap  
Slide: Grilled Chicken Sandwiches, Mozzarella Sticks  
Hot Entrée: Sweet & Sour Pork / Curry Chicken  
Starch: White Rice  
Veg: Broccoli  
Dessert: Carrot Cake  
Soup: Chicken & Rice / Broccoli Cheddar Soup

### Friday

Snack: Belgian Waffle with Toppings

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**Available  
daily**

Fresh garden salad bar  
Deli sandwiches  
Pizza by the slice

# School Lunch Menu

## Lower School

### Monday

Snack: Cheez-Its, Strawberry Go-Gurt  
Beverage: Apple Juice, Water, Milk  
Hot Entrée: Chicken Nuggets  
Starch: French Fries  
Veg: Buttered Corn  
Dessert: Chocolate Chip Cookies

### Tuesday

Snack: Yogurt Cups, Goldfish Crackers  
Beverage: Lemonade, Water, Milk  
Hot Entrée: Chicken Supreme  
Starch: Herb Roasted Red Potatoes  
Veg: Green Beans

### Wednesday

Snack: Apple Sauce Cup, Cheese and Crackers  
Beverage: Orange Juice, Water, Milk  
Hot Entrée: Penne Pasta  
Starch: Bosco Stick  
Veg: Steamed Carrots

### Thursday

Snack: Fig Newtons, Yogurt Cups  
Beverage: Apple Juice, Water, Milk  
Hot Entrée: Chicken Quesadillas  
Starch: White Rice  
Veg: Broccoli

### Friday

Have a safe and happy summer!



# School Lunch Menu

## Toddler/Montessori

### Monday

Snack: Cheez-Its, Strawberry Go-Gurt  
Hot Entrée: Chicken Nuggets  
Starch: French Fries  
Veg: Buttered Corn  
Beverage: Apple Juice, Water, Milk  
Dessert: Chocolate Chip Cookies

### Tuesday

Snack: Yogurt Cups, Goldfish Crackers  
Hot Entrée: Beef Quesadillas  
Starch: Herb Roasted Red Potatoes  
Veg: Green Beans  
Beverage: Lemonade, Water, Milk

### Wednesday

Snack: Apple Sauce Cups, Cheese and Crackers  
Hot Entrée: Penne Pasta with Meat Sauce  
Starch: Bosco Stick  
Veg: Steamed Carrots  
Beverage: Orange Juice, Water, Milk

### Thursday

Have a safe and happy summer!

### Friday

