

MIDDLE & UPPER SCHOOL LUNCH MENU

NOVEMBER 13-17, 2017

Monday

Turkey and Sharp Cheddar Cheese Sandwiches
Cheese Quesadilla
Cheesy Hamburger Macaroni
French Bread
Broccoli
Miss Robin's Homemade Cookies

Tuesday

Classic Ham & Cheese Sandwiches
Pizza - Pepperoni
Herbed Baked Chicken
Olive Baby Red Potato
Steamed Zucchini (Low Sodium No Fat)
Whole Fresh Fruit
Pad Thai Noodles with Fresh Cillantro and Tomato

Wednesday

Thanksgiving Lunch
Turkey & Pimento Cheese Wraps
Cream of Roasted Butternut Squash
Baked Turkey
Bread Dressing
Old Fashion Green Bean Casserole
Spiced Pumpkin Mousse

Thursday

Mortadela & Salami on Soft Baguette
Cheese Pizza
Asian Beef Steak
Steamed Rice
Sesame Fresh Greens
Whole Fresh Fruit
Organic Farro & Roasted Vegetables (Low Sodium/fat)

Friday

Italian Roasted Vegetable and Feta Wraps
Grilled Chicken and Tomato Sandwich
Chicken Alfredo Pasta
Bread Stcks
Peas & Fall Vegetable Medly
Assorted Cakes

Also available

Fresh salad bar daily
Oven-fresh pizza (Tuesdays and Thursdays)
House-made desert (Mondays, Wednesdays, and Fridays)

LOWER SCHOOL LUNCH MENU

NOVEMBER 13-17, 2017

Monday

Hamburger Macaroni
Breadstick
Steamed Carrots (Low Seasoning)
Chocolate Chip Cookie

Tuesday

Chicken Nuggets
Boiled Baby Potato
Sweet Corn

Wednesday

Roasted Turkey
Egg Noodles
Fresh Greens
Banana Pudding

Thursday

Toasted Cheese Ravioli with Sweet Marinara Sauce
Glazed Carrots

Friday

Beef Franks
Corn Nuggets
Green Peas
Rice Krispie Treats

Also available

Fresh mixed lettuce and condiments daily
Build-Your-Own-Sandwich daily (turkey, ham, sun-butter and jelly)
House-made desert (Mondays, Wednesdays, and Fridays)

TODDLER & MONTESSORI

LUNCH MENU

NOVEMBER 13-17, 2017

Monday

Hamburger Macaroni
Breadsticks
Steamed Carrots (Low Seasoning)
Cookies
Snack: Cut fresh Apples; Mozzarella string cheese

Tuesday

Chicken Nuggets
Boiled Baby Potatoes
Sweet Corn
Snack: Ritz Bites; Fresh grapes

Wednesday

Roasted Turket Breast
Egg Noodles
Fresh Green
Banana Pudding
Snack: Fruit Cocktail Cups; Cheeze-Its

Thursday

Toasted Cheese Ravioli with Sweet Marinara Sauce
Glazed Carrots
Snack: Fresh Orange Slice; Baked Goldfish

Friday

Beef Franks
Corn Nuggets
Green Peas
Rice Krispie Treats
Snack: Fig Newton Bar; Carrot sticks with ranch dressing