

# MIDDLE & UPPER SCHOOL LUNCH MENU

**MARCH 19-23, 2018**

## **Monday**

Bacon  
Scrambled Eggs  
Biscuits and Milk Gravy  
Hash browns  
Pancakes  
Grilled Chicken  
Strussel Breakfast Cake

## **Tuesday**

Egg Salad with Slider Buns  
Vegetable Pizza  
Chicken Fingers  
Tater Tots  
Glazed Carrots  
Rice Krispie Treats with Chocolate Drizzle  
Kale Salad, Beets, Feta, Pumpkin Seed, Honey and Lemon Vin.

## **Wednesday**

Italian Sub Sandwich on Mini Hoagie  
Quesadillas  
Baked Turkey Breast in Gravy  
Boiled Olive Oil Potato  
Green Beans  
Apple Sauce Cake

## **Thursday**

Sliced Turkey with Provolone on Soft Baguette  
Cheese Pizza  
Chicken in Fresh Tomato and Basil Sauce  
Jasmin Rice  
Steamed Broccoli with Sesamee Seeds  
Whole Fruit  
Apple and raisin salad

## **Friday**

Tuna Salad Wrap  
Grill Cheese Sandwich  
Shrimp and Egg Fried Rice  
Butter Noodles  
Vegetable Eggrolls  
Blondies Bars

## **Also available**

Fresh salad bar and fruit daily  
Oven-fresh pizza (Tuesdays and Thursdays)  
House-made desert (Mondays, Wednesdays, and Fridays)

# LOWER SCHOOL LUNCH MENU

**MARCH 19-23, 2018**

**Monday**

Bacon  
Scrambled Eggs  
Hash browns  
Pancakes  
Maple Syrup

**Tuesday**

Chicken Fingers  
Tator Tots  
Glazed Fresh Carrots  
Fruit

**Wednesday**

Baked Turkey Breast  
Boiled Olive Oil Red Potato  
Cut Green Beans  
Cookies

**Thursday**

Hot Dog & Beans  
Steamed Broccoli  
Fruit

**Friday**

Shrimp & Egg Fried Rice  
Butter Noodles  
Vegetable Eggroll  
Cookies

**Also available**

Fresh mixed lettuce and condiments daily  
Build-Your-Own-Sandwich daily (turkey, ham, sun-butter and jelly)  
House-made desert (Mondays, Wednesdays, and Fridays)

# TODDLER & MONTESSORI

## LUNCH MENU

MARCH 19-23, 2018

**Monday**

Bacon  
Scrambled Eggs  
Hash browns  
Pancakes  
Snacks: Cut fresh Apples; Mozzarella String Cheese

**Tuesday**

Chicken Fingers  
Tator Tots  
Glazed Fresh Carrots  
Fruit  
Snacks: Ritz Bites; Cherry Craisins

**Wednesday**

Baked Turkey  
Olive Oil Potato  
Cut Green Beans  
Cookies  
Snacks: Yogurt Cup; Celery with Sun Butter

**Thursday**

Hot Dogs & Beans  
Steamed Broccoli  
Fruit  
Snacks: Apple Slices; Famous Amos Cookie

**Friday**

Shrimp & Egg Fried Rice  
Butter Noodles  
Vegetable Eggroll  
Cookies  
Snacks: Carrot Sticks & Hummus; Animal Crackers