

Visitation Academy - Montessori - Grades: "Toddlers, Kindergarten, After-Care"
School Lunch Menu:

Week Beginning: September 17th,2018
Week Ending: September 23rd,2018

Monday:

Entrée: Sliced Grilled Chicken
Starch: Steamed Rice
Veg: Sweet Corn
Dessert: Rice Krispy Treat

Tuesday:

Entrée: Cheese Pizza
Starch: Tater Tots
Veg: Green Beans
Dessert: N/A

Wednesday:

Entrée: Sliced Turkey
Starch: Mashed Potatoes
Veg: Steamed Broccoli
Dessert: Chocolate Cake

Thursday:

Entrée: Spaghetti & Meat sauce
Starch: Buttered Roll
Veg: Sweet Peas
Dessert: N/A

Friday:

Entrée: Chicken Alfredo
Starch: Buttered Noodles
Veg: Mixed Veggies
Dessert: Oatmeal Raisin Cookies

Visitation Academy Lower School

School Lunch Menu:

Week Beginning: September 17th, 2018

Week Ending: September 23rd, 2018

Monday

Salad Bar: Mixed Greens & Fruit Cocktail
Deli: Build your own sandwich
Hot Entrée: Grilled Chicken
Starch: Fried Rice
Veg: Steamed Zucchini & Yellow Squash
Dessert: Rice Krispy Treat

Tuesday:

Salad Bar: Mixed Greens
Deli: Build your own sandwich
Hot Entrée: Pepperoni Pizza
Starch: Tater Tots
Veg: Green Beans
Dessert: N/A

Wednesday:

Salad Bar: Mixed Greens & Fruit Cocktail
Deli: Build your own sandwich
Hot Entrée: Roasted Turkey
Starch: Mashed Potatoes
Veg: Steamed Broccoli
Dessert: Chocolate Cake

Thursday:

Salad Bar: Mixed Greens & Applesauce
Deli: Build your own sandwich
Hot Entrée: Spaghetti & Meat sauce
Starch: Butter Rolls
Veg: Sweet Peas
Dessert: N/A

Friday:

Salad Bar: Mixed Greens
Deli: Build your own sandwich
Hot Entrée: Chicken Alfredo
Starch: Buttered Noodles
Veg: Mixed Veggies
Dessert: Oatmeal Raisin

Visitation Academy - Viz Café Grades 6-12

School Lunch Menu:

Week Beginning: September 17th, 2018

Week Ending: September 23rd, 2018

Monday

Deli:	<u>Classic Ham & Cheese</u>
Grill:	<u>Crab Rangoon</u>
Hot Entrée:	<u>Orange Chicken</u>
Starch:	<u>Fried Rice</u>
Veg:	<u>Roasted Vegetables</u>
Dessert:	<u>Rice Krispy Treat</u>
Chef Expo:	<u>Pad Thai Noodles with Cilantro & Diced Tomato</u>

Tuesday:

Deli:	<u>Roasted Vegetables & Feta Wrap</u>
Grill:	<u>Pepperoni Pizza</u>
Hot Entrée:	<u>Beef Nachos</u>
Starch:	<u>Mexican Rice & Refried Beans</u>
Veg:	<u>Italian Green Beans</u>
Dessert:	<u>Frozen Yogurt</u>
Chef Expo:	<u>Kale & Strawberry Salad</u>

Wednesday:

Deli:	<u>Roast Beef & Sweet Onion Sandwich on French Bread</u>
Grill:	<u>Mini Chicken & Provel Slider</u>
Hot Entrée:	<u>Roasted Turkey Breast</u>
Starch:	<u>Smashed Potatoes</u>
Veg:	<u>Steamed Broccoli</u>
Dessert:	<u>Chocolate Cake</u>
Chef Expo:	<u>Couscous & Feta Pasta Salad</u>

Thursday:

Deli:	<u>Turkey Lettuce & Provel Wrap</u>
Grill:	<u>Cheese Pizza</u>
Hot Entrée:	<u>Spaghetti & Meat sauce</u>
Starch:	<u>Garlic Butter Roll</u>
Veg:	<u>Sweet Peas</u>
Dessert:	<u>N/A</u>
Chef Expo:	<u>Quinoa Apple Salad with iceberg lettuce</u>

Friday:

Deli:	<u>Build your own Sandwich</u>
Grill:	<u>Cheese Quesadilla</u>
Hot Entrée:	<u>Pesto Chicken Alfredo</u>
Starch:	<u>Buttered Noodles</u>
Veg:	<u>Mixed Vegetables</u>
Dessert:	<u>Oatmeal Raisin Cookies</u>
Chef Expo:	<u>Three Bean Salad</u>