

Visitation Academy - Viz Café Grades 6-12

School Lunch Menu:

Week Beginning: 11-Feb
Week Ending: 15-Feb

Monday

Deli: Chef's pick
Grill: _____
Hot Entrée: Baked Ziti
Starch: Garlic Bread
Veg: Broccoli
Dessert: Rice Crispy Treat
Chef Expo: Cesar salad

Tuesday:

Deli: Italian Wraps
Grill: Pepperoni Pizza
Hot Entrée: Chicken Teriyaki
Starch: White Rice
Veg: Mixed Vegetable
Dessert: _____
Chef Expo: _____

Wednesday:

Deli: Open
Grill: _____
Hot Entrée: Lemon Chicken
Starch: Mac and Cheese
Veg: Cauliflower
Dessert: Cupcakes
Chef Expo: Kale Salad

Thursday:

Deli: _____
Grill: _____
Hot Entrée: _____
Starch: _____
Veg: _____
Dessert: _____
Chef Expo: _____

Friday:

Deli: _____
Grill: _____
Hot Entrée: _____
Starch: _____
Veg: _____
Dessert: _____

Visitation Academy Lower School

School Lunch Menu:

Week Beginning: Feb 11 2019

Week Ending: Feb 15 2019

Monday

Salad Bar:	Open	
Deli:	deli tray	
Hot Entrée:	Baked pasta w/ red sauce	18g
Starch:	Garlic bread	8g
Veg:	Broccoli	2.7g
Dessert:	Rice crispy treats	20g

Tuesday:

Salad Bar:	Open	
Deli:	Deli tray	
Hot Entrée:	Chicken Teriyaki	5.24g
Starch:	White rice	39.5g
Veg:	Mixed vegetables	4.85g
Dessert:		

Wednesday:

Salad Bar:	Open	
Deli:	Deli tray	
Hot Entrée:	Chicken nuggets	2.42g
Starch:	Mac and cheese	23.5g
Veg:	Green beans	.5g
Dessert:	Cupcakes	20g

Thursday:

Salad Bar:		
Deli:		
Hot Entrée:		
Starch:		
Veg:		
Dessert:		

Friday:

Salad Bar:		
Deli:		
Hot Entrée:		
Starch:		
Veg:		
Dessert:		

Visitation Academy - Montessori - Grades: "Toddlers, Kindergarten"

School Lunch Menu:

Week Beginning: Feb 11 2019

Week Ending: Feb 15 2019

Monday:

Entrée: Grilled cheese
Starch: Potato fried
Veg: Peas
Dessert: Rice crispies

Tuesday:

Entrée: Pigs in a blanket
Starch: White rice
Veg: Corn
Dessert: _____

Wednesday:

Entrée: Chicken nuggets
Starch: Mac and cheese
Veg: Green beans
Dessert: Cupcakes

Thursday:

Entrée: _____
Starch: _____
Veg: _____
Dessert: _____

Friday:

Entrée: _____
Starch: _____
Veg: _____
Dessert: _____