

Visitation Academy - Viz Café Grades 6-12

School Lunch Menu:

Week Beginning: 19-Feb

Week Ending: 22-Feb

Monday

Deli: _____
Grill: _____
Hot Entrée: _____
Starch: _____
Veg: _____
Dessert: _____
Chef Expo: _____

Tuesday:

Deli: Open
Grill: Cheese Pizza
Hot Entrée: Fresh Herb Creamy Pasta with chicken
Starch: Garlic Bread
Veg: _____
Dessert: N/A
Chef Expo: Kale Salad

Wednesday:

Deli: Roast beef wrap
Grill: _____
Hot Entrée: Sweet & Sour Chicken
Starch: Brown rice
Veg: Broccoli
Dessert: Bread pudding
Chef Expo: N/A

Thursday:

Deli: Deli bar
Grill: Pepperoni Pizza
Hot Entrée: Mexican lasagna
Starch: South west potatoes
Veg: Corn o'brien
Dessert: _____
Chef Expo: _____

Friday:

Deli: Turkey Wrap
Grill: _____
Hot Entrée: Cheddar baked turkey and rice
Starch: _____
Veg: Mixed Vegetables
Dessert: Chocolate Chip Cookie
Chef Expo: Cous cous Salad

Visitation Academy Lower School

School Lunch Menu:

Week Beginning: Feb 19 2019

Week Ending: Feb 22 2019

Monday

Salad Bar: _____
Deli: _____
Hot Entrée: _____
Starch: _____
Veg: _____
Dessert: _____

Tuesday:

Salad Bar: Salad bar
Deli: Chef mix
Hot Entrée: Bow tie pasta with chicken in white sauce 24g
Starch: Garlic bread 20g
Veg: Green beans 9.9g
Dessert: _____

Wednesday:

Salad Bar: Salad bar
Deli: Open
Hot Entrée: Sweet and sour chicken 24g
Starch: Brown rice 11.45g
Veg: Broccoli 5.75g
Dessert: Bread pudding 32g

Thursday:

Salad Bar: Salad bar
Deli: Roast beef and cheddar
Hot Entrée: Pepperoni pizza 12.57g
Starch: _____
Veg: Corn 9.9g
Dessert: _____

Friday:

Salad Bar: Salad bar
Deli: _____
Hot Entrée: Turkey cheddar bake 16.75g
Starch: _____
Veg: Mixed vegetables 7.65g
Dessert: Chocolate chip cookies 25g

Visitation Academy - Montessori - Grades: "Toddlers, Kindergarten"

School Lunch Menu:

Week Beginning: Feb 11 2019

Week Ending: Feb 15 2019

Monday:

Entrée: _____
Starch: _____
Veg: _____
Dessert: _____

Tuesday:

Entrée: Cheese pizza
Starch: _____
Veg: Peas
Dessert: _____

Wednesday:

Entrée: Chicken nuggets
Starch: Brown rice w/ butter
Veg: Broccoli
Dessert: Cookies

Thursday:

Entrée: Min pretzel hot dogs
Starch: Roasted potatoes
Veg: Corn
Dessert: _____

Friday:

Entrée: Grilled cheese
Starch: Potato wedges
Veg: Green beans
Dessert: _____