

Visitation Academy - Viz Café Grades 6-12

School Lunch Menu:

Week Beginning: 11-Mar
Week Ending: 15-Mar

Monday

Deli: open
Grill: _____
Hot Entrée: baked penne pasta
Starch: bread stick
Veg: broccoli
Dessert: rice crispy treats
Chef Expo: _____

Tuesday:

Deli: ham and cheese
Grill: Cheese Pizza
Hot Entrée: shepherds pie
Starch: mix vegetables
Veg: brussels sprouts
Dessert: _____
Chef Expo: south west salad

Wednesday:

Deli: ranch wraps
Grill: assorted sandwich's
Hot Entrée: sausage and rice jambalaya
Starch: _____
Veg: green beans
Dessert: butter cookies
Chef Expo: Asian slaw

Thursday:

Deli: deli bar
Grill: pepperoni pizza
Hot Entrée: simmered chicken with creamy tomato sauce
Starch: white rice
Veg: chefs mix
Dessert: _____
Chef Expo: chefs choice

Friday:

Deli: chef choice
Grill: biscuit
Hot Entrée: scrambled eggs
Starch: breakfast potatoes
Veg: _____
Dessert: pancakes
Chef Expo: _____

Visitation Academy Lower School

School Lunch Menu:

Week Beginning: 3/11/2019
Week Ending: 3/15/2019

Monday

Salad Bar:	salad bar	
Deli:	deli tray	
Hot Entrée:	baked penne pasta	21g
Starch:	bread stick	15g
Veg:	broccoli	5g
Dessert:	rice crispy treat	10.5g

Tuesday:

Salad Bar:	salad bar	
Deli:	Chef mix	
Hot Entrée:	shepherds pie	20g
Starch:	corn	10g
Veg:		
Dessert:		

Wednesday:

Salad Bar:	salad bar	
Deli:	chefs mix	
Hot Entrée:	hot dogs	2g with out bun
Starch:	French fries	24g
Veg:	green beans	7g
Dessert:	butter cookies	16g

Thursday:

Salad Bar:	salad bar	
Deli:	open	
Hot Entrée:	BBQ pulled chicken	15.65g
Starch:	white rice	12.82g
Veg:	chefs mix	8g
Dessert:		

Friday:

Salad Bar:	salad bar	
Deli:	open	
Hot Entrée:	scrambled eggs	4g
Starch:	breakfast potatoes	10.25g
Veg:	pancakes	9g
Dessert:	mint cheesecake	16g

Visitation Academy - Montessori - Grades: "Toddlers, Kindergarten"

School Lunch Menu:

Week Beginning:

3/11/2019

Week Ending:

3/15/2019

Monday:

Entrée: cheesy bread

Starch: w/ dipping sauce

Veg: broccoli

Dessert: rice crispy treats

Tuesday:

Entrée: pigs in a blanket

Starch: potatoes

Veg: corn

Dessert:

Wednesday:

Entrée: grilled cheese

Starch: French fries

Veg: green beans

Dessert: butter cookies

Thursday:

Entrée: chicken nuggets

Starch: white rice

Veg: broccoli

Dessert:

Friday:

Entrée: scrambled eggs

Starch: breakfast potatoes

Veg: pancakes

Dessert: mini cheese cake