

# Visitation Academy - Viz Café Grades 6-12

## School Lunch Menu:

Week Beginning: 22-Apr

Week Ending: 26-Apr

### Monday

Deli: \_\_\_\_\_  
Grill: \_\_\_\_\_  
Hot Entrée: \_\_\_\_\_  
Starch: \_\_\_\_\_  
Veg: \_\_\_\_\_  
Dessert: \_\_\_\_\_  
Chef Expo: \_\_\_\_\_

### Tuesday:

Deli: ham and swiss  
Grill: Pepperoni pizza  
Hot Entrée: BBQ baked chicken  
Starch: roasted potatoes  
Veg: corn on cob & baked beans  
Dessert: \_\_\_\_\_  
Chef Expo: BBQ slaw

### Wednesday:

Deli: toppings bar  
Grill: grilled chicken sandwich  
Hot Entrée: Nacho basket chicken or beef  
Starch: cilantro lime rice  
Veg: \_\_\_\_\_  
Dessert: Mexican chocolate cake  
Chef Expo: fiesta salad

### Thursday:

Deli: Caesar salad wraps  
Grill: cheese pizza  
Hot Entrée: Chicken Teriyaki  
Starch: white rice  
Veg: Green beans  
Dessert: \_\_\_\_\_  
Chef Expo: Asian noodle salad

### Friday:

Deli: open  
Grill: Garlic bread stick  
Hot Entrée: beef lasagna  
Starch: \_\_\_\_\_  
Veg: broccoli  
Dessert: cannoli cookies

# Visitation Academy Lower School

## School Lunch Menu:

Week Beginning: 4/22/2019

Week Ending: 4/26/2019

**Monday**      Salad Bar: \_\_\_\_\_  
Deli: \_\_\_\_\_  
Hot Entrée: \_\_\_\_\_  
Starch: \_\_\_\_\_  
Veg: \_\_\_\_\_  
Dessert: \_\_\_\_\_  
\_\_\_\_\_

**Tuesday:**      Salad Bar: salad bar  
Deli: Chef mix  
Hot Entrée: BBQ grilled chicken      2g  
Starch: roasted red potatoes      18.5g  
Veg: corn      9g  
Dessert: \_\_\_\_\_  
\_\_\_\_\_

**Wednesday:**      Salad Bar: salad bar  
Deli: open  
Hot Entrée: chicken tacos      15g  
Starch: Spanish rice      22g  
Veg: peas      7g  
Dessert: chocolate cake      25g  
\_\_\_\_\_

**Thursday:**      Salad Bar: salad bar  
Deli: open  
Hot Entrée: Chicken Teriyaki      20g  
Starch: white rice      22g  
Veg: green beans      7g  
Dessert: \_\_\_\_\_  
\_\_\_\_\_

**Friday:**      Salad Bar: salad bar  
Deli: open  
Hot Entrée: beef lasagna      20g  
Starch: bread stick      10g  
Veg: broccoli      6g  
Dessert: cannoli cookies      na  
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**Visitation Academy - Montessori - Grades: "Toddlers, Kindergarten"**  
**School Lunch Menu:**

**Week Beginning:** 4/22/2019  
**Week Ending:** 4/26/2019

**Monday:**

Entrée: \_\_\_\_\_  
Starch: \_\_\_\_\_  
Veg: \_\_\_\_\_  
Dessert: \_\_\_\_\_

**Tuesday:**

Entrée: chicken nuggets  
Starch: roasted potatoes  
Veg: corn  
Dessert: \_\_\_\_\_

**Wednesday:**

Entrée: mini cheese quesadillas  
Starch: rice  
Veg: peas  
Dessert: chocolate cake

**Thursday:**

Entrée: corn dogs  
Starch: mashed potatoes  
Veg: green beans  
Dessert: \_\_\_\_\_

**Friday:**

Entrée: baked pasta  
Starch: garlic bread  
Veg: broccoli  
Dessert: cookies