

Visitation Academy - Viz Café Grades 6-12

School Lunch Menu:

Week Beginning: 6-May
Week Ending: 10-May

Monday

Deli: Chef's choice
Grill: Garlic cheese bread
Hot Entrée: Baked Ziti
Starch: _____
Veg: Cauliflower
Dessert: Brownies
Chef Expo: Garden salad

Tuesday:

Deli: Ham and cheese
Grill: Pepperoni pizza
Hot Entrée: Pub potato chips with toppings
Starch: Sour cream, cheese sauce, salsa, green onions
Veg: Green beans
Dessert: _____
Chef Expo: Chef's choice

Wednesday:

Deli: Open
Grill: Grilled cheese
Hot Entrée: Lemon chicken
Starch: Orzo pasta/herbs
Veg: Squash blend
Dessert: Chef's choice cake
Chef Expo: BLT chopped salad

Thursday:

Deli: Open
Grill: Cheese pizza
Hot Entrée: Beef and broccoli
Starch: White rice
Veg: Asian vegetables
Dessert: _____
Chef Expo: Broccoli salad

Friday:

Deli: Turkey and cheddar
Grill: Hot ham and cheese
Hot Entrée: Build your own tostadas with topping bar
Starch: Roasted potatoes
Veg: Broccoli
Dessert: Chocolate chip cookies

Visitation Academy Lower School

School Lunch Menu:

Week Beginning:

5/6/2019

Week Ending:

5/10/2019

Monday

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	baked penne pasta	22g
Starch:		
Veg:	broccoli	8g
Dessert:	brownies	20g

Tuesday:

Salad Bar:	salad bar	
Deli:	Chef mix	
Hot Entrée:	hot dog	9g
Starch:	french fries	20.5g
Veg:	green beans	9g
Dessert:		

Wednesday:

Salad Bar:	salad bar	
Deli:	open	
Hot Entrée:	grilled chicken	3g
Starch:	orzo pasta	22g
Veg:	peas	7g
Dessert:	chefs choice cake	na

Thursday:

Salad Bar:	salad bar	
Deli:	open	
Hot Entrée:	beef and broccoli	20g
Starch:	white rice	25g
Veg:	zucchini	7g
Dessert:		

Friday:

Salad Bar:	salad bar	
Deli:	open	
Hot Entrée:	tacos with toppings	10g
Starch:	roasted potatoes	20g
Veg:	corn	9.5g
Dessert:	chocolate chip cookies	23g

Visitation Academy - Montessori - Grades: "Toddlers, Kindergarten"
School Lunch Menu:

Week Beginning: 5/6/2019
Week Ending: 5/10/2019

Monday:

Entrée: penne w/ red sauce
Starch: _____
Veg: peas
Dessert: brownies

Tuesday:

Entrée: chicken nuggets
Starch: mashed potatoes
Veg: corn
Dessert: _____

Wednesday:

Entrée: grilled cheese
Starch: pasta w/ butter
Veg: green beans
Dessert: chefs choice cake

Thursday:

Entrée: cheese pizza
Starch: bread sticks w/ dipping sauce
Veg: carrots
Dessert: _____

Friday:

Entrée: cheese quesadilla
Starch: roasted potatoes
Veg: broccoli
Dessert: chocolate chips cookies