

**Visitation Academy - Montessori
School Lunch Menu:**

Week Beginning: 9/16/2019
Week Ending: 9/20/2019

Monday:

Entrée: Mini Hot Dogs
Starch: Mashed Potatoes
Veg: Peas
Dessert: Cookies

Tuesday:

Entrée: Chicken Tacos
Starch: Rice
Veg: Corn
Dessert: _____

Wednesday:

Entrée: Chicken Nuggets
Starch: Pasta
Veg: Green Beans
Dessert: Lemon Bars

Thursday:

Entrée: Cheese Pizza
Starch: French Fries
Veg: Peas
Dessert: _____

Friday:

Entrée: Grilled Cheese
Starch: Pasta
Veg: Corn
Dessert: Apple Sauce Cake

Visitation Academy Lower School

School Lunch Menu:

Week Beginning:

9/16/2019

Week Ending:

9/20/2019

Monday

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Pulled Pork	Na / With Out Bun
Starch:	Mashed Potatoes	20g
Veg:	Peas	15g
Dessert:	Cookies	20g

Tuesday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Pulled Chicken Taco	23g
Starch:	Rice	
Veg:	Corn	8g
Dessert:		

Wednesday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Grilled Chicken	na
Starch:	Orzo Pasta	23g
Veg:	Broccoli	4g
Dessert:	Lemon Bars	22g

Thursday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Beef and Broccoli	19g
Starch:	White Rice	20g
Veg:	Summer Blend Vegetables	5g
Dessert:		

Friday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Chicken Florentine	20 g
Starch:	Pasta	21g
Veg:	Cauliflower	2g
Dessert:	Apple Sauce Cake	25g

Visitation Academy - Viz Café Grades 6-12

School Lunch Menu:

Week Beginning: 16-Sep
Week Ending: 20-Sep

Monday **Pasta of the week** **Vegetable Cheddar Mac**
Deli: BLT Chopped Wrap
Grill: Grilled Cheese
Hot Entrée: BBQ Pork Sandwich
Starch: Mashed Potatoes
Veg: Peas
Dessert: Ice Cream
Chef Expo: Greek Salad

Tuesday: **Pasta of the week** **Vegetable Cheddar Mac**
Deli: Panini Fixings
Grill: Pizza - Cheese
Hot Entrée: Pulled Chicken Soft Tacos
Starch: Spanish Rice and Beans
Veg: Corn
Dessert: _____
Chef Expo: _____

Wednesday: **Pasta of the week** **Vegetable Cheddar Mac**
Deli: Ham and Cheese w/ Mustard
Grill: Toasted Ravioli
Hot Entrée: Baked Chicken
Starch: Lemon Orzo
Veg: Broccoli
Dessert: Lemon Bars
Chef Expo: Asian Salad

Thursday: **Pasta of the week** **Vegetable Cheddar Mac**
Deli: Panini Fixings
Grill: Pizza - Pepperoni
Hot Entrée: Beef and Broccoli
Starch: White Rice
Veg: Summer Blend
Dessert: _____
Chef Expo: _____

Friday: **Pasta of the week** **Vegetable Cheddar Mac**
Deli: Chef Choice
Grill: Corn Dogs
Hot Entrée: Chicken Penne Florentine
Starch: Garlic Bread
Veg: Cauliflower
Dessert: Apple Sauce Cake
Chef Expo: _____