

Visitation Academy - Montessori

School Lunch Menu:

Week Beginning: 9/9/2019
Week Ending: 9/13/2019

Monday:

Entrée: Hamburgers
Starch: Tater Tots
Veg: Corn
Dessert: Ice Cream

Tuesday:

Entrée: Chicken Fried Rice
Starch: _____
Veg: Mixed Vegetables
Dessert: _____

Wednesday:

Entrée: Chicken Nuggets
Starch: Rice
Veg: Green Beans
Dessert: Brownies

Thursday:

Entrée: Cheese Pizza
Starch: French Fries
Veg: Peas
Dessert: _____

Friday:

Entrée: Scrambled Eggs
Starch: Diced Potatoes
Veg: Sausage
Dessert: Rice Crispy Treat

Visitation Academy Lower School

School Lunch Menu:

Week Beginning:

9/9/2019

Week Ending:

9/13/2019

Monday

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Hamburgers	na / with out bun
Starch:	Tater Tots	20g
Veg:	Corn	15g
Dessert:	Ice Cream	20g

Tuesday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Chicken Fried Rice	23g
Starch:		
Veg:	Mixed Vegetables	8g
Dessert:		

Wednesday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Tacos	na
Starch:	Mexican Rice and Beans	23g/21g
Veg:	Peas	7g
Dessert:	Brownies	23g

Thursday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Baked Turkey	na
Starch:	Mashed Sweet Potatoes	23g
Veg:	Green Beans	5g
Dessert:		

Friday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Scrambled Eggs	1g
Starch:	Home Fries	21g
Veg:	Sausage	2g
Dessert:	Rice Crispy Treat	25g

Visitation Academy - Viz Café Grades 6-12

School Lunch Menu:

Week Beginning: 9-Sep
Week Ending: 13-Sep

Monday	Pasta of the week	Penne Marinara
	Deli: Sandwich of the Day	
	Grill: Grilled Cheese	
	Hot Entrée: Hamburgers	
	Starch: Tater Tots	
	Veg: Corn	
	Dessert: Ice cream	
	Chef Expo: Pasta House Salad	
Tuesday:	Pasta of the week	Penne Marinara
	Deli: Pesto Chicken Wrap	
	Grill: Crab Rangoon	
	Hot Entrée: Chicken Fried Rice	
	Starch:	
	Veg: Asian Vegetables	
	Dessert:	
	Chef Expo:	
Wednesday:	Pasta of the week	Penne Marinara
	Deli: Taco Bar	
	Grill: Cheese Quesadilla	
	Hot Entrée: Tacos	
	Starch: Mexican Rice and Beans	
	Veg: Peas	
	Dessert: Brownies	
	Chef Expo: Southwest Salad	
Thursday:	Pasta of the week	Penne Marinara
	Deli: Open	
	Grill: Pizza of the Day	
	Hot Entrée: Baked Ham	
	Starch: Mashed Sweet Potatoes	
	Veg: Green Beans	
	Dessert:	
	Chef Expo: Shaved Brussel Sprouts w/ Apple Cider Dressing	
Friday:	Pasta of the week	Penne Marinara
	Deli: Deli Bar	
	Grill: Grilled Cheese	
	Hot Entrée: Scrambled Eggs	
	Starch: Diced Potatoes	
	Veg: Sausage	
	Dessert: Rice Crispy Treat	
	Chef Expo:	