

Visitation Academy - Montessori

School Lunch Menu:

Week Beginning: 10/21/2019
Week Ending: 10/25/2019

Monday:

Entrée: Grilled Chicken Bites
Starch: Cheesy Rice
Veg: Carrots
Dessert: Ice Cream

Tuesday:

Entrée: Mini Turkey Corn Dogs
Starch: Roasted Potatoes
Veg: Green Beans
Dessert: _____

Wednesday:

Entrée: Grilled Cheese
Starch: Buttered Noodles
Veg: Broccoli
Dessert: _____

Thursday:

Entrée: Chicken Nuggets
Starch: Roasted Potatoes
Veg: Broccoli
Dessert: _____

Friday:

Entrée: Waffles
Starch: Turkey Sausage
Veg: Breakfast Potatoes
Dessert: Cinnamon Rolls

Visitation Academy Lower School

School Lunch Menu:

Week Beginning: 10/21/2019

Week Ending: 10/25/2019

Monday

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Grilled Chicken	2g
Starch:	Cheese Rice	20g
Veg:	Carrots	9g
Dessert:	Ice Cream	22g

Tuesday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Beef Taco	7g
Starch:	Rice	22g
Veg:	Green Beans	7g
Dessert:		

Wednesday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Chicken Nuggets	6g
Starch:	Pasta w/ Red Sauce	20g
Veg:	Broccoli	3g
Dessert:	Bread Pudding	22g

Thursday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Chicken Fried Rice	25g
Starch:	N/A	
Veg:	Peas	4g
Dessert:		

Friday:

Salad Bar:	Salad Bar	
Deli:	Deli Tray	
Hot Entrée:	Waffles	15g
Starch:	Breakfast Potatoes	20g
Veg:	Turkey Sausage	3g
Dessert:	Cinnamon Rolls	20g

Visitation Academy - Viz Café Grades 6-12

School Lunch Menu:

Week Beginning: 21-Oct
Week Ending: 25-Oct

Monday **Pasta of the Week**
Deli: Open
Grill: Garlic Bread
Hot Entrée: Grilled Adobo Chicken
Starch: Cheddar Rice
Veg: Carrots
Dessert: Ice Cream
Chef Expo: Caesar

Tuesday: **Pasta of the Week**
Deli: Panini Fixings
Grill: Pizza
Hot Entrée: Chicken Nachos
Starch: Rice
Veg: Green Beans
Dessert:
Chef Expo: Nacho Topping Bar

Wednesday: **Pasta of the Week**
Deli: Greek Wraps
Grill: Hot Ham and Cheese on Garlic Bread
Hot Entrée: Beef Stroganoff
Starch: Buttered Noodles
Veg: Broccoli Mix
Dessert: Bread Pudding
Chef Expo: Greek Chopped Salad

Thursday: **Pasta of the Week**
Deli: Panini Fixings
Grill: Pot Stickers
Hot Entrée: Chicken Fried Rice
Starch:
Veg: Peas
Dessert:
Chef Expo: Open

Friday: **Pasta of the Week**
Deli: Sun Butter Jelly Bar
Grill: Waffles
Hot Entrée: Scrambled Eggs
Starch: Breakfast Potatoes
Veg: Sausage
Dessert: Cinnamon Rolls
Chef Expo: